## Diagnostic Updates

## Tip for Using Liquid Nitrogen and a Mini-BeadBeater-1 for Tissue Disruption

Jen Olson, Plant Disease and Insect Diagnostic Laboratory, Oklahoma State University Our laboratory routinely uses liquid nitrogen to disrupt plant and insect tissues in preparation for nucleic acid extraction. We do not have access to a liquid nitrogen tank in

our building so we have developed a solution to running across campus to get liquid nitrogen for DNA and RNA extractions. It is also much safer than having an open vat of liquid nitrogen on the lab bench.

Several years ago we purchased a 20L dewar for liquid nitrogen storage (Fig. 1). We fill the dewar approximately every four months with liquid nitrogen. The purchase of this tank has greatly reduced the amount of liquid nitrogen we waste and has saved us time since we no longer need to fill a small container several times a week. As an added advantage, the tank can be used for storage of a culture collection.

When we need to perform DNA or RNA extractions, we place plant or insect tissue inside a 2.0 ml plastic tube filled 25–50% with 2.5 mm glass beads (Fig. 2). It is important to try out different tubes because some plastic microcentrifuge tubes will break when immersed in liquid nitrogen. The beads may also damage the plastic during homogenization so you may need to try different size beads.

The tubes are clipped onto a "stick" that consists of three or four cryocanes squeezed together to make one long stick (Figs. 3, 4). The lid to the 20L dewar is opened and the stick is placed directly in the liquid nitrogen (Fig. 5). After 20–30 seconds, we remove the stick and unclip the frozen tube. Although you can wear





in liquid nitrogen directly in the dewar. Fig. 6. Frozen tube is placed in Mini-BeadBeater-1 and ready for homogenization. Fig. 7. Microcentrifuge tube containing homogenized plant tissue.

special gloves to handle the tube, we find that nitrile gloves are adequate for the brief amount of time we handle the tubes. The frozen tube is placed in the Mini-BeadBeater-1 (BioSpec Products, Inc.) and processed for 20-30 seconds at 4200–4800 rpm (Fig. 6). We generally repeat the freezing and homogenizing process once to ensure that all tissue is disrupted. If there is a lot of tissue on the lid of the tube, we will briefly centrifuge the tube to concentrate the tissue at the bottom of the tube. The sample is ready for nucleic acid extraction (Fig 7). 💋

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